

## CPD Masterclass: Understanding and supporting attachment difficulties and complex trauma. How they can affect children and young people's development, including their communication skills.

A day for Speech and Language Therapists and other professionals working with children and young people who have both Social Emotional and Mental Health Needs (SEMH) and SLCN. The aim of the course is to develop practitioners understanding of how attachment and trauma can affect children's lives; their development, behaviour and their communication skills, as well as evidence based ways to support them.

Understanding how attachment works and what happens when it is compromised, is often important in understanding children's behaviour. Sadly many children and young people who have SEMH have also

experienced complex trauma which can also affect their development and their ability to interact effectively. It is important to try to understand their experiences and be familiar with effective ways to support them.

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**Course Date** Friday 15<sup>th</sup> November 2019, 9.30am to 4.30pm

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**Course Venue** The Studio, 7 Cannon St, Birmingham, B2 5EP, UK

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**Course Topics**

- The attachment system;
- how it works,
- types of attachment and attachment disorders,
- the impact of attachment style on child development,
- Practical ways to support children with attachment issues.
- Types of trauma and its potential impact on development.
- How we can understand and support children and young people who have experienced complex trauma.
- The relevant neuroscience
- Opportunities to reflect on current practice and how to develop attachment and trauma informed services.
- Consideration of the potential impact on professionals, of working with those who have experienced attachment difficulties and or complex trauma.

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**More details** Melanie Cross is a Consultant Speech and Language Therapist who works with children and young people who have SLCN and SEMH and Looked After Children, she was lead author of the Royal College of Speech and Language Therapists clinical guidelines on SEMH for SLTs and she is a Video Interaction Guider and Supervisor.

The day includes a 2 course lunch, and certification for CPD purposes.

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**Course Fee** £215

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**How to book and pay** Bookings, are made online by following the link:  
<https://bookwhen.com/coursebeetle-cpd-masterclasses/e/ev-sfez-20191115093000>