

Achieving positive outcomes for adolescents through awareness of neurological changes and untapped potential for learning.

A day for practitioners, support teams, parents and carers. Adolescence can be a chaotic time, even for the most stable young people-but modern neuroscientific research is rapidly developing our understanding of why the brain behaves so strangely during this time. Much of our work can be focussed on dealing with the attitudes & behaviours of adolescence but the adolescent brain is actually a powerhouse for learning as it re-configures itself for life in the adult world.

This session explains the fundamental changes which take place in the adolescent brain, helping us to make sense of many of the associated problems; disengagement; apathy; erratic, impulsive behaviour; bad choices; poor mental health and damaging peer relationships; particularly for those

children who already have some kind of compromise or additional need. this session ultimately explains how you can most effectively support young people through the turbulent transition into adulthood.

Course Date Friday 20th September 2019, 9.45 am to 3.45 pm

Course Venue The Studio, 7 Cannon St, Birmingham, B2 5EP, UK

Course Topics

- How the brain develops in childhood and how the environment & experiences provided for children impact their functioning
- The key neurological changes which accompany the onset of adolescence and how this helps to explain typical teenage behaviours & attitudes
- The biochemistry of the adolescent brain and how this affects functions such as decision making, problem solving and planning ahead
- Why adolescence is a particularly vulnerable time for social, emotional and mental health
- What you can do to tap into the inherent strengths of the teenage brain to nurture learning & healthy all-round development during this vulnerable time

More details Presented by Jo Stockdale, Lead Trainer and Consultant with <https://www.wellwithinreach.co.uk>

Jo has worked extensively with parents and professionals alike – including the provision of CPD input to ICAN's Dawn House School. The day includes a 2 course lunch, and certification for CPD purposes.

Course Fee £120 Or £100 per person when 2 places are booked.

How to book and pay Bookings, are made online by following the link: <https://bookwhen.com/coursebeetle-cpd-masterclasses/e/ev-s574-20190920094500>