



Classes at Jasmine Trust - Covid Secure Guidance

If you are showing ANY Covid symptoms, please do not attend – advise JT by phone

Please help us to keep everyone safe and Covid secure whilst at Jasmine Trust Yoga

We would ask that you use a face covering to enter, exit & in corridors
– it is not necessary to wear these whilst practicing

The changing rooms are not currently available
– please only bring essential items to class
– store everything behind your mat.

Please wipe down taps and handles if you use the toilets – wipes are provided.

Bring your own yoga mat and equipment
Jasmine Trust props will not be available.

Sanitise your hands on entry & exit and whenever you leave the yoga studio.

Whilst social distancing has minimised, please be aware of other people's space!

We look forward to seeing you