

From NYC:

Take the Long Island Expressway, exit 38 (towards northern state pkwy)
Take exit M3 (Meadowbrook pkwy towards Jones Beach)

Take Meadowbrook pkwy to the Southern State Pkwy East. Stay in the right lane and get off at the next exit 24 south Merrick Ave, Merrick.

Proceed 5 traffic lights. At the 5th light, make a right-hand turn onto Webster Street. The studio is located behind the Dunkin Donuts Shopping Center in the Goshinkan Karate Dojo

From Sunrise Hwy:

Make a right/or left (depending which way your travelling) onto Merrick Ave, heading north and go 5 traffic lights. At the 5th light, make a left-hand turn onto Webster Street. The studio is located behind the Dunkin Donuts Shopping Center in the Goshinkan Karate Dojo