Location

Mepkin Abbey, located 60 miles north of Charleston, SC, will provide a tranquil setting for our time together. Its serene and beautiful grounds are the site of a monastic community.

Team

Lyndall Hare, PhD Gerontologist, originally from Apartheid South Africa, author of In the Belly of the Beast: South African Women’s Lives of Activism, Exile, and Aging

Fr. Guerric Heckel, Monk at Mepkin Abbey and Director of Saint Francis Retreat Center

Rory McEntee, co-founder and Executive Director of The Foundation for New Monasticism and co-author of The New Monasticism: An Interspiritual Manifesto for Contemplative Living

Barry Sherman, MSW, LCSW, School Social Worker, Former Assistant Director of the Institute for Life-Leadership & Coaching, Musician

2018 Retreat Dates

January 19-22
February 23-26
May 18-21
September 14-17

After the retreat, what?

Intergenerational companions will be encouraged to maintain conversation every other week to support one another in the work they are committed to doing.

The whole group will meet electronically once a quarter for 90 minutes/2 hours to respond to a 20 minute podcast meant to deepen our understanding of one of the featured themes.

Who is the retreat for?

* Those Millennial/Boomer/Elder contemplative seekers & activists interested in learning from each other across generations

* Those who are making a difference in the world and with whom you’d like to deepen your friendship/journey companionship by inviting them to share this retreat experience with you

* Those who are searching for intergenerational guidance to help support their life work

The suggested donation for this retreat is $300. Partial or full scholarships can be requested from Fr. Guerric at guerricheckel@gmail.com

Contact Fr. Guerric Heckel for more information at: guerricheckel@gmail.com or by calling 843-761-8509 (press 1)

Intergenerational Networks
For the Future

A retreat for deepening and expanding cross-generational companionship
Appreciation for partnering, collaboration, and learning, through a cross-generational experience, where deep wisdom and possibilities for creative activism are shared.

Insight into ways to live a more authentic life through recognizing the forces of oppression that deny the freedom of individual authenticity.

Explore the sacred and vital connection between individual authenticity and global solidarity.

Experience contemplative practice and how it connects you to the real self where silence becomes no longer a place you go but a place you come from. The experience of oneness and wholeness which contemplative practice fosters enables one to see the world in a new way.

Passion for social justice as a wisdom tradition, which transcends age, generations and geography.

Discernment of what vocation is, as a committed lifestyle dedicated to sacred transformation of the world, and how all of the above are essential for becoming a sacred activist.

What can you expect from the retreat?

Do you already have an intergenerational friend/journey companion who will accompany you to this retreat? If so, please provide this person’s name and contact information.

Full Name: ________________________________
Address: ___________________________________________________________________________
City: ______________________________________________________________________________
State: __________ Zip: _________________
Cell or preferred phone: ____________________________
How many years of life experience do you have? ____
Email address: ______________________________

If you don’t have an intergenerational companion, would you like to be paired with one? Yes___ No___

*Please attach a page telling us about yourself and what attracts you to this retreat.

Send completed applications to this address:
Intergenerational Retreat
1098 Mepkin Abbey Road
Moncks Corner, SC 29461